

The Weekly Bulletin Of The Rotary Club OF Pudu, R.I. District 3300, K.L. Malaysia



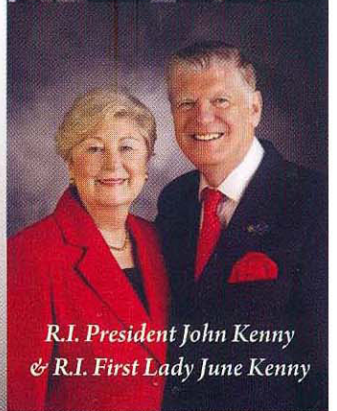
BERITA pudu



" THE FUTURE OF ROTARY IS IN YOUR HANDS "
 R.I. Theme for Rotary Year 2009/2010

<http://www.rotarypudu.org.my>

Involved We Are, Committed We Must Be.



*R.I. President John Kenny
& R.I. First Lady June Kenny*

With Compliments

from



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B e r i t a P U D U



17th August 2009

For Members Only
ISSUE NO : 7/2009-10

website:- <http://www.rotarypudu.org.my>

Programme for Today

Speaker : Dato Vincent Ng
Subject : Footprints of A Judge's
Journey Through Mother Earth

ON DUTY

Duty Table : Rtn Suresh Martin
Fellowship : PP Tan Peng Huat
Finemaster : Rtn Sarky Subramaniam
Introduce : Rtn Alex Chang
Thanking : Rtn Aaron Ong

Programme for 24th August 2009

Speaker : Mr. Ma Kumaragguru
Subject : Is Your Premise At Home
& At Work Sufficiently Safe

ON DUTY

Duty Table : Rtn Sharon Lim
Fellowship : Rtn Sandy Soh
Finemaster : PP Chow Tain
Introduce : IPP Michael Yeow
Thanking : PP Michael Tung

Birthdays & Wedding Anniversaries

Birthdays : Nil
Spouse's Birthday : Nil
Anniversaries : Nil

AMENDMENT TO MEMBERS' DIRECTORY AND SHOULD READ AS:-

PRESIDENTS OF ROTARY CLUB OF PUDU

1983/84 YBHG. PP DATO DR. LEE HOO TEONG

DIMP, SAP, AMN, Cstj. PJB, PHF

Your 17th – 31st August 2009 Diary August is Membership & Extension Month

Date	Day	Time	Meeting	Venue
17-8-09	Mon	7.00 pm	Weekly Night Meeting	Shangrila Hotel, KL
22-8-09	Sat	11.30 am	Launching First Responder in Emergency Project St.john's Ambulance, Kaw.Pantai Sel. 100, Persiaran Raja Muda Musa, Klang, Sel.	
24-8-09	Mon	12.45 pm	Weekly Luncheon Meeting	Shangrila Hotel, KL
27-8-09	Thurs	6.30 pm	BOD Meeting	Marco Polo Rest. Jln. Raja Chulan, KL
31-8-09	Mon		NO MEETING PUBLIC HOLIDAY	

RULES ARE NOT MADE TO BE BROKEN!!!

How many of us **ACTUALLY** read the Rotary Club of Pudu's Club Hand Book? How many actually know it exists especially the Board members and newer Rotarians? If one takes a census to be sure, I guess there will not be many. This is judging by the way things are being carried out in the club. Besides much club information and historical facts, the book also contains the all important "**Administrative Guidelines of the Rotary Club of Pudu**" This section tells us how the club should be administrated and the various duties of individual directors or appointed personnel. Albeit it is only a guideline it is practically a formula as to how to run a good and successful club. All members should familiarize themselves.

Deviations are individualistic and do not take into account the culture the club has developed all these 40 over years. So it is urged that the President and the Board take this into consideration when running the club and revert back to the guidelines. One should be mindful that the guidelines were set up after much experiment and experience, and it is in congruence with the constitution and its by-laws.

Some deviations from the "Administrative Guidelines" are as follows:

Avenue Service Committee Members

For one, the appointment of Avenue Service committee members did not follow procedures. Members were simply slotted into portfolio positions without being properly consulted. Thus many are not aware of their responsibilities so can you blame if the committee meetings are not well attended? By right after consultation with them to seek their agreement a letter should follow. It is believed that such an important procedure was not followed.

Board Appointees

Board Appointees should be confirmed by the Board. It is believed that such confirmation was not carried out.

First Board of Directors' meeting

At the first Board of Directors' Meeting, one of the official business was to confirm the standing committees and it is believed that this was not done. Also the dates, venues and time of each Avenue committee meeting must be confirmed.

"The dinners after each board meeting shall be hosted by the directors in turn to strengthen fellowship".

The PRCCF

This is an important part of the club and the "Management Committee shall hold monthly meetings to deliberate on matters pertaining to the Foundation" Was this done?

Although some of these procedures are minor and technical in essence following them correctly should be habitual.

It leads to running the club smoothly as everyone knows where they stand.

How to Dance in the Rain

It was a busy Tuesday morning, on 4th August 2009, about 8:30am when an elderly gentleman (whom I have been treating him with back pains and joint pains) arrived at my Wellness Centre in Desa Hartamas to have his regular treatment. He said he was in a hurry as he had an appointment at 9:00 a.m.

I took his vital signs and had him lie down, knowing it would be over an hour before someone would be able to see him. I saw him looking at his watch and decided, since it is my duty and responsibility as a Certified Wellness Consultant, I would evaluate his chronic pains.

On treating him, I asked him if he had another appointment this morning, as he was in such a hurry. The gentleman told me no, that he needed to go to the nursing home to eat breakfast with his wife.

I enquired as to her health. He told me that she had been there for a while and that she was a victim of Alzheimer's Disease.

As we talked, I asked if she would be upset if he was a bit late. He replied that she no longer knew who he was, that she had not recognized him for five years now.

I was surprised, and asked him, 'And you still go every morning, even though she doesn't know who you are?'

He smiled, as he patted my hand and said, 'She doesn't know me, but I still know who she is.'

I had to hold back tears as he left, I had goose bumps on my arm, and thought, 'That is the kind of true love, I want in my life.'

True love is neither physical, nor romantic. True love is an acceptance of all that is, has been, will be, and will not be.

Coincidentally, on the same evening I was at Rtn Steven Oon's office for our monthly International Service Avenue meeting and I saw a pile of books written by Ven Dr K Sri Dhammananda, and the title is, "WHY WORRY!" and ask him for one book.

Amazingly, I read the book the next day and the contexts of the book spell the similar true love which has already inherited with us.

Ironically, on Rtn Yash's induction night, honestly I admit, after 25 years in Rotary I have forgotten what did the Induction Charge said and from this, I started to recall and it refreshed my memory with deep thoughts about the true love of what a true Rotarian is?

To quote a few lines;

"Rotarians, build bridges that we will never cross, build homes that we will never stay in and feed children whom we will never meet.

Thus, being a Rotarian means able to enrich the lives of others, while discovering a world of personal enrichment through service".

....continues on page 5

"INVOLVED WE ARE, COMMITTED WE MUST BE"

PROCEEDINGS ON MONDAY, 10th August 2009

Guest Speaker : YB Ronnie Liu
Subject : Joining Hands With The Selangor State Government

VISITING ROTARIANS

<u>Name</u>	<u>Club</u>
Oliver	KH
Kamil	KH
Orace Chen	Sarky
Heng Chun Han	Club
James Prophet	Robin
Suzana	Steven
Ronnie Liu	Club
Ang Ho Yong	Mok Sin

GUESTS

<u>Name</u>	<u>Host</u>
Angela Khoo	Michael Tung

STATISTICS

Visiting Rotarians	:	
Guests	:	9
Club Members	:	37
Total Present	:	46

COLLECTIONS

Birthdays / Anniversaries/ Fines	:	RM 300.00
Paying Diners	:	
Raffles & Others	:	
Total	:	RM 300.00

CLUB PROCEEDINGS

Acting SAA PP KU RAJAH called the meeting to order at 1:10 pm on behalf of President Robin Tay. He introduced all the visiting Rotarians and guests and later led in the singing of the National Anthem and later proposed the loyal toast.

There was no fine session for this meeting.

PRESIDENT'S ANNOUNCEMENT

What is Rotary?

- I have been asked to speak to you about what is Rotary
- Short time - can do justice to this great humanitarian service organisation founded in 1905 by a man called Paul Harris who migrated to Chicago who out of loneliness got 3 of his friends to get for fellowship.
- First point - Rotary was founded NOT on service but on fellowship
- Why fellowship is so important to Rotary - foundation stone and guiding principal of Rotary.
- First and most important obligation of a Rotary Club is to promote fellowship and friendship amongst her members
- A Rotary club consists of leaders of the community joining hands to serve the community. Strangers cannot join hands to serve.
- Members must be good friends first before they can embark into service.
- Second Point - Rotary is NOT a charitable organisation; it is a service organisation.
- Charitable organisation just gives out money
- Service organisation gets involved
- Ex: if we want to equip an orphanage with sets of sports equipment; that will be charity. Alternatively, Rotarians can get personally involved to provide the orphanage with the same sports equipments and spend maybe only RM10,000. This is because Rotarians come from various vocations and through our connections; we could source for donations from well wishers or part donation from suppliers. We could throw in to refurbish or renovate the room as well as bonus all for much less than RM20,000. Or we could source our funds from our international partner Rotary clubs.

- Third point – Rotary is an international networking service organisation.
- Rotarians use our expertise, contact and time and not our money to serve.
- Misnomer that Rotarians are expected to dig into their pockets and take out thousands of ringgit every year.
- We donate what we can spare or afford.
- International networking
- Pulling of our financial resources to help each other.
- Richer and well developed countries like Japan, Korea, Taiwan supports thye projects in countries in Africa, Bangladesh and Malaysia.
- Through Matching Grant we could multiple our cash contributions 3-4 times.
- Ex-Matching Grant project for PERKHOB; an NGO for the mentally and physically challenged youth. The home provides laundry service to the hotels. These physically challenged youth use the industrial washing machines and dryer to wash and dry the towels. Thus they acquire a trade that enables them to be more self-reliant. We provided the home 2 industrial washing machines and one industrial dryer costing RM83,400. Almost all the funds came from overseas. A district in India gave us RM18,000, a district from Taiwan gave us RM7,000, 5 Rotary clubs in Taiwan gave us another RM18,000. Our Rotary Foundation matched it and gave us RM38,000. All we spent on the project was merely RM350.

Pudu's past projects

- Financed 5 deaf and dumb girls to undergone a course at the Kimarie Hair Styling Saloon so as to be able to be self employment
- Provide surgeryfro poor cleft lip children under "Put a Smile on the Little Face"
- Children's Adventure Course in Outward Bound School (In 1984. Initiation by then OBS Course Commander Major Cheng, 28 of the Rotarians' own children attended the first ever Children's Adventure Course at the Outward Bound School. This course is now the most sought after course in OBS).
- Milk Feeding Scheme. (Found that many students from poor families did not have any breakfast nor pocket money for

recess. So we provide free milk for students. Then Education Minister YB Dr Mahathir launched the project in 1976 at San Peng Road School and adopted the government implemented the milk feeding scheme project nation wide)

- Educational Scholarship in 1971 by our Charter President the late Doug Fraser, in furtherance of International Service, started to interest Australian Rotary Clubs to participate in the Pudu Scholarship Scheme.
- School Bags - In 1976, PP Tan Sri Soong Siew Hoong brought back a school bag from Taiwan during one of his trips there. The advantages of the school bags are (1) the bright yellow attracted the attention of motorists for students, it provides good posture and free the students hands for any emergency. These school bags had been used by our students for the last 10-20 years.
- Emergency Reliefs to
 1. Kampong Baiduri fire victims
 2. Sungei Buloh firecrackers production factory fir victims
 3. Fire at Kg Cheras - gave RM2,500
- Jenjarom Old Folks' Home - We adopted in 1988 the Jenjarom Old Folks' Home renovating the entire home and now yearly provided funds fro the upkeep and maintenance.
- We provided the St. John Ambulance Malaysia with defibrillator and tracheotomy equipment in their ambulance so that the paramedic could provide emergency treatment whilst the ambulance is driven to the hospital. The St John Ambulance paramedic also undergo training in the Emergency Medical Technician Course.
- Friendship Express - We also provided children from the various welfare homes most of these children are orphans or abandoned children an opportunity to go to another country. The first one was to Hatyai by train in 1999 and the second one was to Singapore in 2001.

Principles of Rotary ...

- I alone cannot do anything for society
- You alone maybe able to do something for society
- Together we can do a great deal for society

Rotary is the combination of efforts of all the members contributing their small share to continuously every year do something good.

Rotarians believe in

- Building bridges that they will never cross
- Build homes that they will never stay in and
- Feed children whom they will never meet

We ask you my friends to join us to do this good to our society and together

- build a better future,
- a better tomorrow
- for ourselves, our children and out children's children.

INTRODUCTION OF GUEST SPEAKER

Rtn.Robert Tan introduced the guest speaker for the day who was none other than YB Tuan Ronnie Liu, Selangor State Ex-co member who spoke on the topic of Joining Hands With The Selangor State Government.

CV OF GUEST SPEAKER

YB Ronnie Liu is a Selangor State Ex-co member with two portfolios namely of Local Government with Research and development. He is also the State Assemblyman for Pandamaran.

Before he was elected to political office, he was in advertising working for several media giants and handling such campaigns namely Maxis Hotlink to name a few.

He is married with two children and lives in PJaya.

Y.B. Ronnie Liu Tain Khiew

Ahli Majlis Mesyurat Kerajaan Negeri Selangor Darul Ehsan (Exco) Pengerusi Jawatankuasa Tetap Kerajaan Tempatan, Kajian dan Penyelidikan

Speech at Pudu Rotary Club luncheon meeting on the 10th August 2009 (Monday) 12.30pm to 2.00pm at Kedah Function Room.

A very good afternoon to Tan Sris, Dato's YBs, ladies, gentlemen and friends. Thank you for inviting me to speak on this function. The Selangor Stat Government greatly appreciates the role of NGOs such as Rotary, in giving back to the community, nurturing young leaders, and complementing the role of the state government in our common goal, serving society.

Ladies and Gentlemen,

In my years on active politics, I have served in various capacities, and one of the roles I have in the past include head of the NGO bureau of my party. It was through this role that I saw first-hand, the selflessness in which NGOs serve the least of us, to serve the needy, to speak up for the voiceless, to defend the meek, and stand up for those who cannot stand up for themselves; often with great sacrifice and little reward. Sacrifices of financial nature, time, energy, personal liberty and so on. Drawing satisfaction in knowing in what little we do, makes this world, just that little bit much, a better place.

In more ways than one, NGOs serves as pillars of our community. While governments try our best to serve all communities, we sometimes overlook the little things. And what is little to some people may not be so little to those to whom it matters most. NGOs help us in being grounded in discharging our duties, pointing out the right direction if we are going the wrong way and serving as guardians of the interests of the people. It helps when you are not looking through issues through a political viewpoint and NGOs, such as moderators, and as a platform for others to air their grievances.

Ladies and Gentlemen,

The new State Government realizes that we were entrusted to serve the people. It is this sense of responsibility that led us to introduce the Merakyat Ekonomi Selangor concept almost immediately after we took over the state administration. The Merakyatkan Ekonomi Selangor (MES) comprises a series of programs aimed at improving the quality of life for the people of Selangor. Through the Tabung Warisan Anak Selangor (TAWAS), reaching the age of 18, will get a payout of RM1,500.

Upon acceptance into any university, the state government will payout RM1,000 to the student to help to student to help them get started. 20 cubic meters of water is given free of charge to every household, which benefits some 1.5 million households in Selangor. For our senior citizens, we have the Mesra Usia Emas scheme in which named benefactors of the deceased senior citizen will get RM2,500 in aid to help with funeral expenses. This will cost the government 20.7 million ringgit this year alone, but we, like you, believe in sharing our good fortune with others. We have also set up six One Stop Crisis Centers (OSCCs) in collaboration with the police and Welfare Department to assist women and children in cases involving rape, sexual abuse, parental abuse and so on. These OSCCs act as first respondents in such cases.

We have set aside 2 million ringgit in scholarships to help the children of farmers further their education under the MES scheme. A;; this was made by prudent spending and the concept of wealth sharing formulated by the current administration. From renegotiation of contracts, we have saved some 400 million ringgits, and through better management of our rock and mining, we have increased our revenue. Rest

assured, this money will be well spent as we come up with even more people-friendly policies in the not too distant future.

We have also set aside a portion of allocation for places of worship for all religions, Chinese and Tamil schools, Religious schools. We believe that the future belongs to the young.

Ladies and Gentlemen,

The Pudu Rotary Club's effort to make society a better place is highly commendable. The many efforts like that for the Jenjarom Old Folks Home are to be emulated by all. The state government is ever eager to help in these efforts. I understand that the Rotary Club's areas of emphasis are Vocational, New Generation, International Affairs and Services.

There is much potential for co-operation in these areas. Being on the ground, Rotarians are well aware of specific needs and wants of the young. This is evident in your programs with Rotaract and Interact, where leadership and the spirit of charity is instilled at a tender age. This information could be shared, where we could tailor even more specific state programs to cater to the needs of the young. This is especially true in the areas of special needs learning, children with disabilities and so on. NGOs can also tap into the state government's resources by referring cases that could benefit from our social welfare programs to us.

The well established business network that NGOs like Rotary and the State Government could also mutually benefit each other. The state government, in collaboration with our various agencies and service centers, do organize roundtables on trade and business, seeking information and feedback that help shape our policies and planning. We also do organize mentoring programs and workshops where experiences with budding entrepreneurs and professionals.

In city and town planning to, we need to address the growing complexities of our social fabric's makeup. For instance the need of our disabled friends. Instead of doing costly researches, we could ask for feedback from various NGOs who have, over the years, become experts in their own right on the segments of society they represent. That is the reason we have included 25% NGO representation in all 12 local councils in Selangor. This adds about 80 voices representing human rights movements, NGOs for people with disabilities, resident associations, and the business community and so on. We strive to reach the best decision in which no one is left out of the equation. We strive to be a government for all Selangorians.

Ladies and Gentlemen,

We hope to develop Selangor further and bring her to greater heights. We recognize the contributions as NGOs as vital to that cause. Let us work hand in glove to achieve this and in the process ensure that no one is left behind. I leave you with this small quote – Goodness does not consist in Greatness, but Greatness in Goodness.

Thank you Ladies and Gentlemen.

Joining Hands With The Selangor State Government

YB Ronnie Liu thanked the Club for inviting him to talk about the subject "Joining Hands with the Selangor State Government" In starting he said he was grateful that the Selangor state Government could work with NGOs and especially NGOs like the Rotary Clubs play a big and useful role in making people's lives easier.

Since forming the Selangor state Government last year on 8th March 2008, the new government had been trying its best to assist the people. Many of its assistance came from giving out monetary aid to the residents of the state of Selangor. For one it tries to help the senior citizens (those above 60) by giving out RM2,500 when their families are in need of the money especially at their funerals. This is irrespective whether they are rich or poor. Then they also give out aid to Selangor citizens when they reach the age of 18. This group is entitled to receive RM1,500 to help them buy books or give them a head start and etc. The government also give out all sort of monetary aids to the poor and underprivileged.

In addition its gives out land to religious organizations irrespective of the type of religion. This is to enable them to build proper places of worship and not build their places of worship haphazardly. So far they have given out about 17 pieces of land.

The free water scheme is very well known and all households are entitled to a minimum of water of 20 cubic liters usage. In addition they are constantly looking for good deals or revising contracts to enable the citizens to have a better life.

According to Ronnie, all these cost money and they were able to do this due to eradicating corruption. They had a lot of cost savings of about RM400 million since taking over the state government.

Ronnie also mentioned that they were making changes to the administration and issues like licensing and building application delays would be a thing of the past since the one-stop agency has started. The ultimate objective is to make the citizens happy and have a better life. They aspire to be fair and without any prejudice of any kind in their administration.

Thanking him was PP Dato NK Jasani who presented him with a memento and a certificate of appreciation.

THANKING OF GUEST SPEAKER

PP Dato N K Jasani on behalf of the Club thanked the guest speaker for his excellent talk by presenting him with a certificate and a gift as a token of the Club's appreciation.

President's Message ...(continues from page 2)

Amazing isn't it?

Please continue to share the true love of Rotary with your family members, relatives, close friends, business partners, associates, and the community at large. Get them to be part of this great Organization where true love and humanitarian is in motion.

Enroll one new member into our club – and keep one for our future of Rotary is in our hands.

With this, I quote, **"The happiest people don't necessarily have the best of everything; they just make the best of everything they have, and life isn't about how to survive the storm, but how to dance in the rain".**

"The Future of Rotary Is In Your Hands"

Yours in Rotary
President Robin Tay
RY2009/2010



Our latest Rotarian Yash Pragaaszan was inducted by Past District Governor



President Elect Leong Choy Ying (Membership Development and Retention Chairman) getting to know our guests better. Talking to her Mr. Matthew Lee and his friend who are both Koreans residing in Kuala Lumpur in search of fellowship, friendship that will leads to Community Service.



Y.B. Ronnie Liu Tian Khiew Pengerusi Jawatankuasa Tetap Kerajaan Tempatan, Kajian dan Penyelidikan holding a Press Conference after his talk on "Joining Hands with Selangor State Government"



Rtn. Kertz Lau donating a sum of RM3,299.00 to Furry Friends Farm Ms. Sabrina, looking on is YB Ronnie Liu and President Robin Tay



Y.B. Ronnie Liu Tian Khiew talk to Pudu Rotary Club on "Joining Hands with Selangor State Government" at their weekly luncheon meeting at Shnagri-la Hotel Kuala Lumpur, Function Room on the 10th Aug. 2009.

CLUB NEWS

Talk to Rotary Club of Pudu By Tan Sri Dato Soong Siew Hoong, Charter Member

3rd August 2009 at Shangri La Hotel Kuala Lumpur at 8.00 pm
Topic: Reflection of 43 years of Rotary Club of Pudu Activities

Before joining Rotary in 1964

- Manager of Kwan Cheong Engineering in 312 Jalan Sungai Besi, KL
- Hardworking 10-12 hours a day main social and business contact among factories, workshop and engineering related industries
- Rotary Club of Kuala Lumpur was given the task to form a new Rotary Club south of Kuala Lumpur (where my workshop was located)
- The late Douglas Fraser, General Manager of Fraser and Neave in Jalan Sungai Besi, an ex Rotarian from Singapore, was selected to recruit the 25 charter members to form the new Rotary Club, initially named Kuala Lumpur South, but subsequently renamed and charactered as Rotary club of Pudu

Joining Rotary

- I was approached to be one of the club charter members. Others were Dr Hui Weng Choon, Fong Ying Leong (architect), Tharmalingam (trader), Hassan Moosdeen (wholesaler), Alex Lee YL (lawyer) etc
- Monday luncheon meetings were held at Malaya Hotel in Jalan Bukit Bintang. These was in the early months of Rotary Club of Pudu when all the Chartered members (except Douglas Fraser) were gradually introduced to Rotary through the weekly luncheon talks by senior Rotarians from the Rotary Club of Kuala Lumpur and outside of Kuala Lumpur

A new experience

- To me and to all of us then, it was a new exhilarating experience to meet up with people from various professions and businesses.

- For me, who have never joined any social or service club before (except the Evergreen Badminton Group), it was a pleasant change from my previous uninteresting work-a-day life
- The opportunity to meet people whom I may not normally mix with, united in the common objective of serving the community

Staying with Rotary

- The object of Rotary that bonded us, irrespective of race or religion or social standing, become the main reason I stayed and do my part in Rotary
- Throughout my years with Rotary, I have made friends and lifelong friends from Rotary Club of Pudu members via the activities which also promoted fellowship and good will
- As in any organization, if one believes in its objectives (outside of politics and religion) and have others to share one's belief, the organization, in this case, Rotary becomes an enjoyable part of life.
- Rotary clubs, although the movement started in America, owes its allegiance to the highest authority in the country where it operates, and conduct its affairs in accordance with laws and cultures and language of the area
- One learns a lot from active participation in Rotary. E.g have to speak in public, work with others as a team, how to serve with humility and have compassion for the less fortunate, and in the process, we understand the society better
- Besides improving our knowledge through the weekly luncheon talks by various inputs, we also cultivate professional and business relations
- Trying to live up to the 4 way test:
In the things we think and say or do makes like a little more meaningful, with Rotarians having the same ideal
- In some way, Rotary movement can be a manifestation of the One Malaysia concept recently put forth by the new Prime Minister, at least at own club level
- Ultimately, whether a person enjoys his/her work or leisure depends very much on the person's attitude in life, TO BE POSITIVE IS CERTAINLY A GREAT HELP!

Rotary club of pudu – club service project

Re: “Join Rotary – Rotary Club of Pudu’s Guests Night”

Members of the Rotary Club of Pudu hosted 34 guests during the Club’s Guests Night on 3 August 2009 (Monday) at Sabah Room, Shangri-La Hotel, Kuala Lumpur. The guests from various profession and business backgrounds had an enjoyable time networking and getting to know the members of the Club over a sumptuous buffet dinner.

A slide show presentation was played throughout the dinner which showcased the numerous community and humanitarian projects carried out by the Club over its 43 years of service to the community.

The guests also had the opportunity to witness an induction ceremony of a new member joining the Club and the members warmly welcomed him and his spouse to the family of Rotary.

Three members of the Club gave brief speeches on various aspects of the Rotary organisation.

The first speaker was Past District 3300 Governor Dr. Paul C. K. Lee who spoke on the topic “What is Rotary”. PDG Dr. Paul Lee dispelled the general misconception that Rotary Club is a rich men’s club. He went on to explain that Rotary is a service organisation and its members use their time, contacts and expertise to help the community they serve. Rotary was founded through the fellowship of professional and business individuals. It is from the strong bond of friendship amongst its members that produced committed teams of people providing service to the community.

The 2nd Speaker was the distinguished Past President Tan Sri Dato Soong Siew Hoong, a charter member of the Club. The Rotary Club of Pudu was chartered on the 5th December 1966. Tan Sri Soong gave an interesting and nostalgic account on how the Club was founded and how meetings and projects were carried out in the early days. The atmosphere turned slightly emotional when he spoke warmly about other charter members that have since passed on. It was fascinating to learn that after 43 years of service to the community, Tan Sri Soong is still active in his service, not only with the Club but also through the other service organisations that he is involved in.

The 3rd Speaker was Rotarian Jeffrey Yap. Despite being a new Rotarian of the Club, his enthusiasm is clearly demonstrated in his speech on his role as the Interact Chairman who is in charge of overseeing 9 Interact Clubs chartered by the Rotary Club of Pudu. He gave an account of how he was won over by “Pudu Rotarians” to join this Club and is proud to be associated with one of the most well organised and successful Rotary Club in District 3300. The friendly members of this Club have allowed him, his wife and his daughter blend in quickly within a year of joining. He cautioned that people who intend to join a Rotary Club should be clear in their mind that they are in Rotary to serve and not to gain business favours. However, if ever there is any business opportunity it would be developed from the long term friendship amongst Rotarians, based on integrity and sincerity.

Several questions were asked by the guests during the Q&A session. One guest asked if he could join other Rotary Clubs after this event, to which the Speaker answered that he could join any Rotary Club that he is comfortable with, upon invitation from a member of that Club.

Another guest asked about procedures in joining the Club, to which the speaker gave a brief explanation on the process.

Another wondered why Pudu Rotary Club so is popular, to which the speaker explained that the quality and involvement of its members, the various notable projects they carried out for the communities, the care in nurturing future leaders through their involvement in school based Interact clubs and the community based Rotaract club are some of the reasons that made this Club a “premier club” within District 3300.

The function did not end until 10.30pm as guests stayed back for fellowship and to find out more about Rotary.

Through the Press announcements, this event attracted numerous enquiries from the members of the public and the Rotary Club of Pudu would like to thank all the Press and Media organisations who helped in publicising this event.

President Elect Leong Choy Ying (hp: 012 3778713), Chairman Membership Development & Retention Programme, Rotary Year 2009-2010.

Speech given by: Rtn Jeffrey Yap

PDG KG Lee, PDG DR Paul Lee, Charter member PP Tan Sri Soong, Past Presidents, Fellow Rotarians and Guests.

To be on the same panel of charter member Tan Sri Soong and PDG Dr Paul Lee to speak to you all, first of all, gives me the shivers. After all, they are well honed and established speakers not only in the club but also in their professional capacities. Both are politicians for a long time and you know how politicians can speak! They have also spoken to a crowd of thousands.

I, on the other hand, have spoken only at club committees, Interact Club Installations, ICC and at the pub!

My subject to day is “My Experience as a New Rotarian”. I will try to relate my own experience as a new rotarian as other new rotarians could have different experiences. If I say anything wrong, please forgive me as like the Chinese says “Baru Lie”

To be honest, I am not a really new kid on the block in terms of Rotary as I have been a member of another club for a couple of years. But the experience is totally different in the Rotary Club of Pudu.

I shall summarise my experience as follows:

How do I feel as a Rotarian in Pudu?

I feel proud as I notice we have done many useful projects that help the community be they old folks, young people, the handicapped, the poor, single mothers and many other fantastic projects. I feel proud especially when I talk about them to my friends, business associates and my family.

I feel proud when I talk about them to members of other Rotary Clubs in the district. They all respect Pudu, and wish to know our strength and how we are able to stay on top year in year out.

I also feel proud as I am part of the process of bringing all these good projects to the community.

Since I joined Pudu, I have been thrown into the new generations and I have been active here. I enjoyed being with the Interactors and Rotaractors as after all I am still a young man! The Interactors and Rotaractors, including the teacher advisors, really look up to the rotarians and I am proud to be able to give them advice.

What do I learn as a Rotarian?

A lot!

I learn to make new friends, without being in the club I would not have known good friends like Arvin, Heng, Gary, Patrick and many others. Each of them taught me new things - for example, Gary show me the way to the Pub and Patrick taught me how to drink whisky! Just joking! They are good people as all of you are!! Give yourself a big clap!!!

I learnt to be humble. I learn that in rotary you cannot demand others to do tasks for you. You ask humbly for their cooperation and help and I learn that your request will never never be turned down!

I learnt about networking. In rotary you meet a lot of people and friends whether in the Club or in the District or outside. As a result you can get much information about all sort of things. So far though no business deal yet but yet that is not what I look for when I join rotary.

I learnt about making speeches! Being in Pudu has allowed me to learn about public speaking, how to speak to a crowd and the techniques involved. As you can see, I am no longer nervous as I warm up already. Very soon I can be as fluent and clever to talk as Tan Sri Soong and PDG Dr Paul Lee. I hope!

Of course I learn about community service work, doing something for them without asking anything back in return.

My conclusion

Rotary is a fantastic organisation. However my observation is that it is only as fantastic as the members in the club. If members are nice, cooperative, friendly, willing to help others, then thing will be fantastic.

However as we all know, we are all human and subject to many failings. I admit I have met some set back, even in Pudu, but they are too small to care or bother about.

However for the sake of other new comers, let me just mention one - as a new member being tasked with responsibilities in a profolio, I noticed that some Rotarians do not come forward to help and as a result I do have to grope around for a while.

Less enthusiastic Rotarian might be discouraged.

Members therefore have to give new members special consideration when asked or consulted. Sorry, I do not mean to offend but after all it is my experience. This can be avoided if we have a mentor system for new members so that they blend into the club quickly and happily.

After all we all join rotary because we want to make new friends, do something for the community and at the same time be happy. My conclusion is that,

I have made new friends,

I have done something for the community,

and I have been happy to be in the club.

Thank you once for giving me this opportunity to share my experience and thought.

DISTRICT NEWS

Rotary Club of Brickfields is doing a joint community & humanitarian service project with our Sister Club, Rotary Club of Colombo West for the Internally Displaced People in North of Sri Lanka. This Project is being headed by PP Kanages the Chair of District Match Club. District Governor Leslie has given his full support for this project with the assistance of PP Kula the Chairman of District Disaster Relief & Task Force Committee.

There are about 300,000 displaced people in the camps who have been devastated by the war. The Clubs in Sri Lanka have joint together to give necessary help to these people but with very strict government rules help is very slow in forthcoming. Foreign NGO's are not allowed to enter these camps. It will take the government at least a year to resettle them. In the mean time there is limited food (We were told they have their 1 meal a day at 5pm), water and sanitation problems. Many have diseases and they have short of medical supplies.

AG Darul as adviser and PP Kanages have met up with FOMSO (Federation of Malaysian SriLankan Organisation) President Dato Kula (also from Rotary KL Diraja) and adviser task force Tan Sri Ramon Navaratnam who are also working very hard to give aid. After a series of meetings FOMSO managed to set up

a meeting with the Deputy High Commissioner of Sri Lanka , General Udaya Pereira. PP Kula , chairman of District Disaster task force attended this meeting as well.

With the insistence of FOMSO, the Deputy High Commissioner has given permission for 3 people from different NGO's in Malaysia to be allowed to visit these camps as soon as possible. These 3 people would be escorted by the Deputy High Commissioner himself and his team to do a reiki of the camps and given free access so that we could give a brief report on the situation. This is going to be a start to more help to be given to these people. Our Sister Club is working on providing water and sanitation and our club would be looking into it.

PP Kanages has been given the opportunity to be one of the 3 people under the Rotary banner to visit these camps. The Deputy High Commissioner requested us to have some food items to give these people when we visit them. There are about 4000 - 5000 people in each camp.

The Rotary Club of Brickfields seeks your support to enable PP Kanages to deliver the items during her visit to this camps.. The support in the form of cash contribution to buy food items to be given would be of utmost help.

Please don't hesitate to contacts us for further information

PP Kanages – 017 8887588

AG Darul -012 3270906

President Jayabalan, RC Brickfields

ROTARY INTERNATIONAL NEWS

STRESS

A lecturer when explaining stress management to an audience, Raised a glass of water and asked 'How heavy is this glass of water?' Answers called out ranged from 20g to 500g.

The lecturer replied, 'The absolute weight doesn't matter. It depends on how long you try to hold it. If I hold it for a minute, that's not a problem. If I hold it for an hour, I'll have an ache in my right arm. If I hold it for a day, you'll have to call an ambulance.

In each case, it's the same weight, but the longer I hold it, the heavier it becomes.' He continued, 'And that's the way it is with stress management. If we carry our burdens all the time, sooner or later, As the burden becomes increasingly heavy, We won't be able to carry on.'

'As with the glass of water, You have to put it down for a while and rest before holding it again. When we're refreshed, we can carry on with the burden.'

'So, before you return home tonight, put the burden of work down. Don't carry it home. You can pick it up tomorrow.

Whatever burdens you're carrying now. Let them down for a moment if you can.'

So, my friend, put down anything that may be a burden to you right now. Don't pick it up again until after you've rested a while.

Here are some great ways of dealing with the burdens of life:

- Accept that some days you're the pigeon, And some days you're the statue.
- Always keep your words soft and sweet, Just in case you have to eat them.
- Drive carefully.. It's not only cars that can be "Recalled" by their maker...
- If you can't be kind, at least have the decency to be vague.
- If you lend someone \$20 and never see that person again, It was probably worth it.

- It may be that your sole purpose in life is simply to be kind to others.
- Never put both feet in your mouth at the same time, Because then you won't have a leg to stand on.
- Nobody cares if you can't dance well.. Just get up and dance.
- Since it's the early worm that gets eaten by the bird, sleep late.
- The second mouse gets the cheese.
- When everything's coming your way, You're in the wrong lane.
- Birthdays are good for you. The more you have, the longer you live..
- You may be only one person in the world, But you may also be the world to one person.
- Some mistakes are too much fun to only make once.
- We could learn a lot from crayons... Some are sharp, some are pretty and some are dull. Some have weird names, and all are different colors, but they all have to live in the same box.
- A truly happy person is one who can enjoy the scenery on a detour.

Making a difference, one child at a time By Dan Nixon

[http://www.rotary.org/SiteCollectionImages/News/090707_beck.jpg]

[http://www.rotary.org/SiteCollectionImages/News/090707_beck2.jpg]

Beck (seated, second from left), other volunteers, and health officials use a map to plan the immunization of children in Chandigarh, India.

Bottom: Beck administers polio vaccine to a child. Photos courtesy of Robert Beck For more than a decade, Robert Beck has provided input to the U.S. Centers for Disease Control and Prevention <<http://www.cdc.gov/>> as a public representative on the National Vaccine Advisory Committee. Earlier this year, he fulfilled a desire to do something hands-on with vaccines.

An attorney and member of the Rotary Club of Fluvanna County (Palmyra), Virginia, Beck traveled to India to help vaccinate children against polio during National Immunization Days (NIDs) in February. He was part of a 43-member Rotarian team led by Noelle Galperin, 2008-09 District 6990 PolioPlus subcommittee chair and a member of the Rotary Club of Coral Gables, Florida, and Luis Ortega, then a member of the Rotary Club of Miami Dadeland-Pinecrest, Florida.

The team served at immunization booths in Chandigarh, where families brought their children to receive the oral polio vaccine. After this first phase of the NIDs, Beck and his team followed detailed, hand-drawn maps into the city's poorest areas.

"Picture each vaccination team walking through dense slums, across garbage troughs, and through drainpipes and all manner of debris, animals, and structures to vaccinate needy children," Beck says. "Add air thick with dirt and pollutants, so that we often could not see the end of the street. Then include the smells of decay, garbage, and insects, and you have what each team encountered each day." Beck is quick to add, however, that there was more to the scene.

"One must also draw into that picture the smiling faces of beautiful people and especially children, mothers dressed in colorful native clothes, and their offers of food and drink and their sincere thanks for our efforts," he says. "Only then can you see why we went back each day. We really believed we were making a difference, even if it was only one child at a time."

While in India, Beck and his team also visited several Rotary club-supported projects, including:

- A hospital in Delhi where surgery is performed to rebuild the deformed limbs of polio survivors, usually without charge
- A Rotarian-sponsored vocational training center, where young women learn to make clothing designs and patterns to obtain better jobs
- An advanced eye care center established by Rotarians in India and the United States
- A school that provides hearing-impaired children with hearing aids and an education

"My Rotary PolioPlus experience has given me a profound appreciation for what it means to be a Rotarian," Beck says. "Rotary programs are empowering local people, communities, and governments to create local solutions in which all may derive pride. PolioPlus <<http://www.rotary.org/en/ServiceAndFellowship/Polio/Pages/rifdefault.aspx>> and my fellow Rotarians have made me proud to be a Rotarian."

Source: Rotary International News

Chicago youth have a new place to play By Ryan Hyland

[http://www.rotary.org/SiteCollectionImages/News/090706_playground.jpg]

[http://www.rotary.org/SiteCollectionImages/News/090706_playground2.jpg]

Students from St. Elizabeth Elementary School enjoy their new playground. Bottom: Freddy Smith (middle left), president of the Rotary Club of Chicago-Near South, and Principal Danielle Harris unveil a plaque during a dedication ceremony 3 June. Rotary Images/Monika Lozinska-Lee

After decades without a playground, St. Elizabeth Elementary School in Chicago was recently outfitted with swings, slides, tunnels, and other modern play equipment.

The Rotary Club of Chicago-Near South organized the transfer and installation of surplus equipment donated by a park district in nearby Naperville. The club, which meets near the school, raised \$15,000 to fund the restoration and preparation of the site, as well as the installation of the playground.

"Because of Rotary's generosity, our students have the opportunity to play and enjoy themselves on a playground they can call their own," says Danielle Harris, St. Elizabeth's principal. "I cannot begin to express our appreciation."

On 3 June, almost a year after the project began, Rotarians, students, teachers, and parishioners gathered to dedicate the new playground.

Afterwards, students climbed up the ladders, glided down the slides, and swung on the monkey bars.

Rotarians and family members from 12 clubs in District 6450 gathered at the school for 10 Saturdays over the course of the year to clean the site, rebuild and paint the fence, and install and paint the playground equipment.

"This is a project that is really a labor of love," says David Baker, the project leader and a member of the Chicago-Near South club. "It's our first physical project where Rotarians actually came out and worked with people from the school to build this playground."

Founded in the late 1800s, the school is located in a poor neighborhood on the south side of Chicago. Baker says the new playground, which replaces an expanse of asphalt and rusty swings, is a symbol of the neighborhood's resurgence.

"Chicago-area Rotary clubs continue to play a part in helping poor urban areas move toward progress," he says.

Source: Rotary International News

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Rotary Clubs around the Klang Valley Meeting Information

Monday	1245 1730	RC Pudu RC Cyberjaya	Shangri-La Kuala Lumpur 1st floor, MSC Innovation Centre, Jalan Technokrat 3, Cyberjaya
	1830 1900 2000	RC Pantai Valley RC Titiwangsa RC Senawang	KL Golf & Country Club, Bukit Kiara Royal Selangor Club, Kuala Lumpur Royal Sungei Ujong Club, Seremban
Tuesday	1230 1245 1815 1830	RC Cheras RC Petaling Jaya RC Bangsar RC Bandar Utama	Wenworth Hotel, Pudu Sheraton Hotel, Subang Jaya Royal Selangor Club, Kuala Lumpur A-5-13, Pelangi Business Centre, Mutiara Damansara, Petaling Jaya
	1900 1930 1945 2000	RC Kajang RC Danau Desa RC Port Klang RC USJ	Prescot Metro Inn, Jln Semeyih, Kajang Wisma Belia, Jalan Syed Putra, Kuala Lumpur Royal Klang Club, Jalan Istana, Klang Pahlawan Room, 5th floor, Summit Hotel, USJ
Wednesday	1230 1245 1245 1745 1830 1830 1930 1930 1930 2000	RC Ampang RC KL Di-Raja RC Shah Alam RC Subang RC KL North RC Sri Petaling RC Brickfields RC Bandar Sunway RC of Central Damansara RC Bukit Komanwel RC Kampung Baharu	Novotel Hotel, No 2, Jln Kia Peng, KL Shangri-La Kuala Lumpur Kelab Shah Alam, Shah Alam Holiday Villa Subang, Subang Jaya Royal Selangor Club, Kuala Lumpur Sri Petaling Hotel, Sri Petaling, KL Royal Selangor Club, Kuala Lumpur Sunway Lagoon Resort Hotel, Subang Commonwealth Club, Jalan Batai, Kuala Lumpur Bukit Jalil Golf & Country Club, Bukit Jalil Selesa Inn, No 285-287, Jalan Tuanku Abdul Rahman, KL Sri Damansara Club, Sri Damansara Bukit Kiara Equestrian & Country Club, Bukit Kiara Royal Port Dickson Yacht Club, Port Dickson K Club, Taman Melawati, Selangor Tropicana Golf & Country Club, PJ
Thursday	1245 1245 1730 1900 1900 2000	RC Klang RC Gombak RC Seremban RC Damansara RC Sentul RC Kelana Jaya RC Puchong	Royal Klang Club, Jalan Istana, Klang Corus Hotel, Ampang Royal Adelphi Hotel, Seremban Royal Selangor Club, Kuala Lumpur PDRM Golf Club, Titiwangsa, KL Bukit Kiara Equestrian & Country Club, Bukit Kiara 23-1B, Jalan Bandar Sembilan, Pusat Bandar Puchong
Friday	1830 1845 2030	RC Metro KL RC KL West RC Bernam Valley	Bankers' Club, Amoda Building, Jalan Imbi, KL Royal Selangor Club, Kuala Lumpur 2nd floor, 19B, Jalan Bandar Rawang 1, Rawang
Saturday	0730	RC Bukit Kiara Sunrise	Bukit Kiara Equestrian & Country Club, Bukit Kiara
Rotaract Club of Pudu meets on the 2nd & 4th Saturdays at Eurasian Club, Jalan Pudu			

THE FOUR- WAY TEST

**Of The Things We Think,
Say, or Do.**

1. Is it the TRUTH?

2. Is it FAIR to all concerned?

3. Will it build GOODWILL and BETTER FRIENDSHIPS?

4. Will it be BENEFICIAL to all concerned?

*Conceived by Herbert J. Taylor, a Chicago Rotarian in July 1932
In January 1943, Rotary International Board Of Directors agreed that
'The 4-Way Test' should be part of Vocational Service Ideal.
Herbert J Taylor was RI President in 1954-55*