



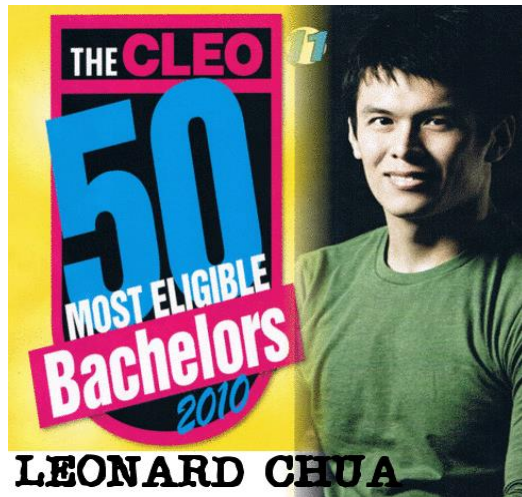
**Profile of:**

**Leonard Chua**

- Born in England on **24<sup>th</sup> July 1981** and bred in Malacca
- Started career right after SPM as a F&B staff
- Then worked for MAS as an air steward and also part-time modeling
- Gained experience and skills in Sales & Marketing through selling insurance, cars, and involvement in network marketing with a couple of direct selling companies
- On 06/10/2005, he met an accident at Federal Highway and loss his ability to walk until today
- Admitted in the ICU for 1 and a half months followed by 4 months in the normal ward for rehabilitation
- Likes to share his experience on how he managed to survive that 5 and a half months in the hospital.
- In early 2010, Leonard has been nominated as one of the 50 CLEO most eligible bachelors of the year and that makes him the ***FIRST disabled CLEO bachelor finalist in Malaysia***
- Since then he has return to the modeling industry and that makes him the ***FIRST DISABLED MALE MODEL*** in Malaysia.
- Hence Leonard is also the President of NGO, Beyond Rehab Wellness Center. His purpose of forming this NGO is to share hope with all the People With Disabilities (PWD) including the able people by proving to them that there is hope if we don't give up
- **In 2011 he has been awarded with Junior Chamber International Malaysia (JCIM) -Ten Outstanding Young Malaysian Award 2011 in the Personal Improvement and Accomplishment category.**
- **Then In 2012 he was awarded with F & N Outdo Yourself Award (OYA) in Civic Consciousness and Compassion category followed by Prestige Top 40 Under 40 in the Community Service Award.**

# BIODATA

# THE FIRST DISABLED CLEO BACHELOR IN MALAYSIA



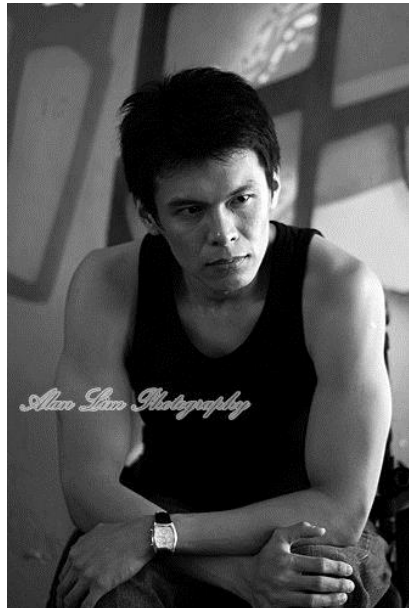
Although I didn't win the **Cleo most eligible bachelor title** but I hope all of you will remember me as

THE FIRST DISABLED CLEO  
BACHELOR IN MALAYSIA  
**FOREVER!!!**



Finally back in modeling

# The **FIRST** *disabled* Male Model in Malaysia



Being a model patient at WQ PARK OFFICIAL LAUNCHING Officiated  
by: K.D.Y.T.M Tengku Mahkota Pahang, 6/10/2010

## The **FIRST** *disabled* Male Model in Malaysia



K.D.Y.T.M Tengku Mahkota Pahang and misters checking me out



Joking with Datuk Seri Liao Tiong Lai



Getting ready





# Junior Chamber International Ten Outstanding Young Malaysian Award 2011

## Personal Improvement and Accomplishment



T  
O  
Y  
M



# F & N Out-Do Yourself Award

## Civic Consciousness and Compassion category

10 July 2012





Prestige Top 40 Under 40  
Community Service Award 1<sup>st</sup> November 2012





# My dream has come true-



## BRWC Soft Launch 08/04/2012



I'm just an ordinary person who wants to contribute my humble life to the society and hope to help more people. Without my family, friends, members of Beyond Rehabilitation Wellness Centre and my fellow supporters in the whole of Malaysia, I'm nobody in fact, I'm nothing.

After God took away 2/3 of my body in a traumatic accident I was in the dark alley of death; I was struggling in between life and death, I saw another side of life and it represented the sunshine and hope.

Since then, I found the most precious thing in life, that is the value of love in family and friends. When I was in the dark, there was this light of hope that guided me to stay strong and fought through all odds. After thorough understandings about life and death, I've seen through the fame and wealth as these are no longer important to me.

Today I just wish to use my last hour, my last minute and my last second; till my last breath to contribute my life to the society and plant my love into this society forever. Although I'm sitting on this wheelchair, but my spirit and my soul is already standing tall!!!!

Fortunately with the help of my family, my friends and the public, Beyond Rehab Wellness Centre has finally been soft launched on 8<sup>th</sup> of April, 2012.

Hopefully with this Centre, we can show the light of hope to the People With Disabilities (PWD) in Melaka and Malaysia. We wish to inspire and motivate the PWD to be brave and contribute themselves to the society.



# My journey as a speaker

1. Emcee at Taman Tun Dr. Ismail : 3<sup>rd</sup> November, 2007
2. First sharing talk : PLPP (Pusat Latihan Pemulihan Perindustrian) Bangi conference : 11<sup>th</sup> August, 2008
3. First sharing talk as a Motivational Speaker : Prudential 16<sup>th</sup> October, 2010
4. Direct selling company, Mind Wealth : 21<sup>st</sup> November, 2010
5. Traders hotel Kuala Lumpur : 12<sup>th</sup> January, 2011
6. Novartis: 21<sup>st</sup> January, 2011
7. Allianz 16th AG Seminars and Recognition: 1<sup>st</sup> April, 2011
8. AIA Kuala Lumpur: 21st April, 2011
9. AIA Johor Bahru: 12<sup>th</sup> May, 2011
10. AIA Penang: 19<sup>th</sup> May, 2011
11. PRULIA : 21<sup>st</sup> May, 2011
12. Prudential: 19<sup>th</sup> August , 2011
13. Astro road safety talk : 27<sup>th</sup> September 2011
14. Pay Fong : 2<sup>nd</sup> November, 2011
15. Dato Lawrence. Pursuit of excellence seminar: 22<sup>nd</sup> November, 2011
16. Hari OKU University Malaya, : 7th December, 2011



# My journey as a speaker; continued-

17. Accenture women's day : 9th March 2012
18. GlaxoSmithKline Consumer Healthcare Sdn Bhd: 22nd March 2012
19. DEMC Specialist Hospital- "Lunch & Learn" talk : 25th June, 2012
20. Persatuan Latihan Zhineng Qigong : 1st July 2012
21. Allianz Agency, Lika Wealth Sdn Bhd: 11th July, 2012
22. Allianz road safety Seminar at Pay Fong Middle School: 26<sup>th</sup> August, 2012
23. NAMLIFA: 28 & 29 August, 2012
24. Hospital Putra Melaka: 5<sup>th</sup> March, 2013
25. Hospital Alor Gajah: 27<sup>th</sup> March 2013
26. Allianz 24th AG Seminars and Recognition: 10th April, 2013
27. Poi Lam High School, Ipoh: 1<sup>st</sup> July, 2013
28. Allianz, Kim Agency Ipoh: 1<sup>st</sup> July, 2013





## My journey as a speaker; continued-

29. Visiber Sdn Bhd: 12<sup>th</sup> September, 2013

30. Taylor's University: 22<sup>nd</sup> September, 2013

31. WOW Talent Competition: 12<sup>th</sup> October, 2013





## My Newspapers appearance records-

1. Sin Chew Daily: 3<sup>rd</sup> July, 2008
2. Star- star Mag: 4<sup>th</sup> December, 2010
3. Sin Chew Daily: 9<sup>th</sup> December, 2010
4. Oriental daily: 11<sup>th</sup> August 2011
5. Malay Mail: 3<sup>rd</sup> August, 2011

the malay mail

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[illegible][illegible]


**Coal creations**


**Green insights in Tokyo**


**Small hotel, big mark**


**weconnect**


**Star**


**weekender**




**Be more active**


**Be more active**

# Wheeling & able

It seemed his life with one wheel. When a car crash ended his car and became paralyzed from the upper chest down. However, his love for cycling was still burning and able to make a difference in other people's lives. <1



Celebrate **JOVE** this Christmas

**LOVE & CO.**

1. The image is a composite of several elements. At the top, there are four logos: 'Coal creations', 'Green insights in Tokyo', 'Small hotel, big mark', and 'weconnect'. Below these is the 'Star' logo and the 'weekender' logo. The main image shows a man in a wheelchair smiling, with a colorful abstract background. To the left of the man, there are two small icons of a person in a wheelchair, each with the text 'Be more active'. Below the main image, there is a large text block that reads 'Wheeling & able' followed by a paragraph about a man who became paralyzed from the upper chest down but still loves cycling. At the bottom, there is a section for 'Celebrate JOVE this Christmas' featuring an illustration of a person in a wheelchair, the text 'Celebrate JOVE this Christmas', and the 'LOVE & CO.' logo.

# A model life

Despite having his dreams dashed early in the game of his life, Leonard Chen has come back stronger and is helping others to do the same.



PHOTOGRAPH BY MICHAEL GILL

THESE DAYS, HE'S BEING CALLED A HERO.

[illegible]

活力副刊

# 黃金歲月

用身體和經歷提醒大家

## 心駕駛

生命留下缺口

（右為作者陳冠中）

[illegible][illegible]

## 封面·教育

新闻晨报

### 蔡志远站起来精神 坐下后悟生命

从轮椅上站起来，蔡志远站起来了，但站起来后他悟出了生命的真谛。本报记者 王颖 采访 王颖 摄影 王颖

#### 在爸妈的牺牲中反省

在爸妈的牺牲中反省自己，这是蔡志远最近悟出的道理。蔡志远，一个患有先天性脑瘫的残疾人，在爸妈的牺牲下，终于站了起来。但站起来后，他却悟出了生命的真谛。蔡志远说，他之所以能站起来，是因为爸妈的牺牲。爸妈为了让他能站起来，付出了巨大的代价。他感到，爸妈的牺牲让他反省到了生命的意义。

#### 他悟出了什么？

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2013年11月13日 星期三

2013年11月13日 星期三

#### 蔡志远站起来后悟出了生命的真谛

在轮椅上坐了20年，蔡志远终于站了起来。但站起来后，他却悟出了生命的真谛。蔡志远说，他之所以能站起来，是因为爸妈的牺牲。爸妈为了让他能站起来，付出了巨大的代价。他感到，爸妈的牺牲让他反省到了生命的意义。他悟出了，生命的意义不在于活着，而在于为别人付出。蔡志远说，他之所以能站起来，是因为爸妈的牺牲。爸妈为了让他能站起来，付出了巨大的代价。他感到，爸妈的牺牲让他反省到了生命的意义。他悟出了，生命的意义不在于活着，而在于为别人付出。

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[illegible][illegible]

## 為自己渡過奇難 以摧殘的心態

「你覺得你現在好一點了嗎？」  
「好一點了，但還是覺得很累。」  
「你覺得你現在好一點了嗎？」  
「好一點了，但還是覺得很累。」

在醫院的走廊裡，一位穿著病號服的女士正被一位穿著白大褂的醫生帶著走。女士看起來很憔悴，她的頭髮有些凌亂，她的臉上帶著一絲憂鬱。醫生則顯得非常專注，他正仔細地檢查著女士的病情。女士的腳步有些蹣跚，顯然她的身體還很虛弱。走廊裡的其他人則顯得有些麻木，他們只是匆匆地走過，沒有注意到這位女士的存在。

在醫院的病房裡，一位穿著病號服的男士正坐在病床上。他看起來很憔悴，他的頭髮有些凌亂，他的臉上帶著一絲憂鬱。他正看著窗外，他的眼神裡充滿了迷茫。他的房間裡很安靜，只有他的呼吸聲和心跳聲。他感到一種前所未有的孤獨感，他不知道自己該做什麼，他不知道自己該去哪兒。他感到一種前所未有的絕望感，他不知道自己該怎麼辦。他感到一種前所未有的恐懼感，他不知道自己該怎麼辦。他感到一種前所未有的絕望感，他不知道自己該怎麼辦。他感到一種前所未有的恐懼感，他不知道自己該怎麼辦。

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图 1 为瑜伽体式，为瑜伽体式

### 瘦腿不是用力，有梦敢放手

“瘦腿不是用力，有梦敢放手”是瑜伽教练在指导学员时常用的一句话。这句话不仅是一种鼓励，更是一种对瑜伽精神的诠释。在瑜伽的练习中，我们追求的是一种身心合一的状态，一种在呼吸与动作中找到平衡的感觉。通过不断的练习，我们可以逐渐掌握自己的身体，学会在挑战面前保持冷静和坚持。正如那句名言所说：“瑜伽不是关于体式，而是关于生活。”在每一次的呼吸和伸展中，我们都在塑造更好的自己。



图 2 为穿着印有“ZAP! KILLERS OF THE LIPS”和“tea life”字样的白色T恤的女孩



# My Newspapers appearance records-

6. Sin Chew Daily: 28<sup>th</sup> July, 2011
7. Star-Metro: 4<sup>th</sup> August 2011
8. BERNAMA: 10<sup>th</sup> September, 2011
9. Sin Chew Daily: 11<sup>th</sup> September, 2011
10. Nanyang Sang Pao: 11<sup>th</sup> September, 2011
11. China Press: 11<sup>th</sup> September, 2011
12. Star: 11<sup>th</sup> April, 2012
13. Sin Chew Daily: 15<sup>th</sup> April, 2012

LEONARD CHUA GETS RECOGNISED FOR TRUE GRIT AFF... <http://my.news.yahoo.com/leonard-chua-gets-recognised-true-grit-aff-4>

## YAHOO! NEWS

### LEONARD CHUA GETS RECOGNISED FOR TRUE GRIT AFTER TRAUMATIC ACCIDENT

Bernews - Sat, Sep 10, 2011

PETALING JAYA, Sept 10 (Bernama) — Leonard Chua Yee Yea, a man who

technically died twice for

respectively, following a

International Young

Malaysia (

Chua, 31, born in Englan

Pandan MP Data Sri G

awards ceremony amid

honours in the Tin Out

Missouri, USA.

A former steward with M

Beyond Rehab Enterpris

for the disabled, Chua wa

"Personal Improvement

parents and friends for

Malaya Medical Centre

Saying that though he w

movements had been aff

of his life to contribute

Chua, who was honour

obstacles, said: "I want t

curious were sharing d

there was an anonymous

darkness and inspired m

hope to people when the

— MORE

DISABLED-AWARDS 2

LEONARD CHUA GETS RECOGNISED FOR TRUE GRIT AFF... <http://my.news.yahoo.com/leonard-chua-gets-recognised-true-grit-aff-4>

Another recipient under the same category was Sia Ling Ling from (Tha)

Rambh, Melaka, who had established the Malaysia Disabled Persons

Association to seek better family lives for the children of

disabled parents.

Prof Dr Ewe Kai Kien, who described himself as "a harping boy from Penak"

who had gone into the world of biological sciences and was an award winner under

the "Scientific and Technological Development" category, said cases like Chua

and his would open his eyes to continue his research in stem cells at the Tsinghua

University in Beijing.

Khang-don Norita Alwad, who single-handedly manages a home for about 50

HIV-positive children in Ampang, Selangor, under the name of "Kichang Bear

Norita Alwad", was an award recipient in the "Contribution to Children"

category.

Singer Pong Yee from Segamat, Johor, who has carved a name for herself in

the Malaysian pop world, especially in Taiwan, and Kuching-born film director

Rhene Wong Kai Tung, who has worked in a number of Jackie Chan movies and local

production "Wahay Meng Mahakanya", were winners in the "Cultural

Achievement" category.

Other winners include Mohd Yus Yoke Chang, CEO of The Hay Pool Holdings

Sid Bida in Ipoh, and Chong Min Thee from Pandaneras, Klang, and managing director

of construction-based Truping Mahan Sri Bhd, in the "Business, Economic and

Entrepreneurial Achievement" category.

Pennang-born Parul Datta Choudh, CEO of Kollins Bhd which makes electric

motocycles and scooters, won in the "Environmental Leadership" category while

social worker and volunteer Lin Joo Sheng from Klang was awarded for his

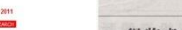
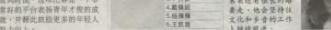
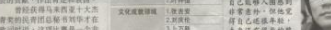
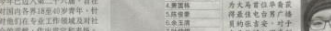
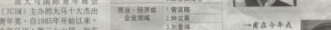
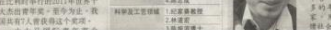
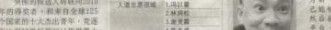
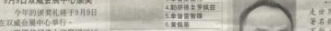
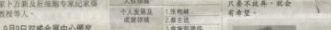
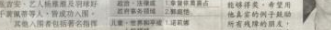
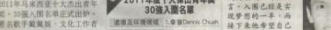
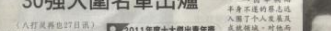
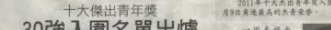
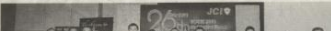
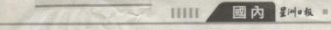
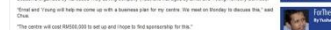
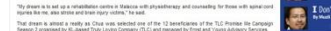
"Humanitarian and Voluntary Leadership" at the awards ceremony organised by

Junior Chamber International Kuala Lumpur Malaysia (JCIMLM).

— BERNAMA

SIFY SIFY MGN

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# My Newspapers appearance records continued-

- 14. Sin Chew Daily: 7<sup>th</sup> June 2012
- 15. NSTP: New Sunday Times: 24<sup>th</sup> June, 2012
- 16. Sin Chew Daily: 28<sup>th</sup> June, 2012
- 17. BERNAMA: 10<sup>th</sup> July, 2012 Star ,
- 18. Star Metro : 14th July, 2012
- 19. NSTP, Streets : 16<sup>th</sup> July, 2012
- 20. Nanyang Sang Pao: 29<sup>th</sup> August, 2012
- 21. Nanyang sang Pao: 12<sup>th</sup> October, 2012
- 22. Nanyang New Life: 9<sup>th</sup> March, 2013
- 23. Sin Chew Daily: 7<sup>th</sup> May, 2013
- 24. Nanyang Daily: 7<sup>th</sup> May, 2013



助選員扛殘障者上樓

【馬六甲訊】32岁的蔡志远参选希捷梯去投票，却被安排在二楼投票站，令他为难。幸得义工协助抬上二楼，才得以投票。

蔡志远是于今早9时30分左右，在希捷梯投票站前，被义工抬上二楼投票站。当时该站为代他投票，但能认为有私利而新投票站。然而，抬上二楼。

### 上下樓梯極不方便 安排2樓投票障友不滿

【馬六甲訊】32岁的蔡志远（32岁），他是希捷梯加意路同下，前往投票。他从该站网站查得投票站资料时，被告知在希捷梯投票站（Soleman 4），当他

今早出现在投票站时，向柜台工作人员查问，被告知希捷梯在二楼的第一间投票站。不料，他在第一间投票站，找不到本身名字，经最后查证后，才知道他的投票是在二楼的第四间投票站，令他感到不满，再将他抬上二楼。

### 蔡志远：反对委员会代劳

蔡志远说在投票时，他在2、3年前曾记为选民，之前上网查询时，他的确在希捷梯投票站。早上9时30分抵达投票站，直接到登记柜台查核，得知他是在二楼的第四间投票站，令他感到不满，再将他抬上二楼。

当时，选举委员会表示可以安排轮椅，但被拒绝。他坚持投票是他的权利且秘密，不能找人代劳。最后，经过交涉后，现场4名工作人员联合将他抬上二楼的第四间投票站，让他顺利完成投票。

残障青年蔡志远发现自己的投票在二楼后，感到非常为难。幸得义工协助抬上二楼，才得以投票。

道他是残障人士。

对于关于投票问题，蔡志远说很开心，毕竟他总想自己投票。他说，之前没有意识到投票的重要性。他希望马六甲市民能踊跃出来投票。

### 前杰青蔡志远 获4大议台上二楼

【马六甲讯】前杰青蔡志远，在希捷梯投票站，被义工抬上二楼投票站。当时该站为代他投票，但能认为有私利而新投票站。然而，抬上二楼。

蔡志远是于今早9时30分左右，在希捷梯投票站前，被义工抬上二楼投票站。当时该站为代他投票，但能认为有私利而新投票站。然而，抬上二楼。

### Breaking the poverty cycle

Couple recognised for community work

By R. S. M. MURRAY

Leonard Chua and Koh Chai Swee are making their disabilities an excuse for not helping others.

Despite their disabilities, Chua, 31, and Koh, 50, have vastly dedicated their time and energy to help others like them.

Chua, who was disabled from the chest down after a car accident in 2005, has set up a rehabilitation center called Beyond Wellness Rehabilitation Center in Melaka to help stroke victims regain their mobility.

"When I was first told I will be disabled for the rest of my life, I almost gave up and both times my family was there to help me."

### Disabilities Is Not An Excuse Not Helping Others

KUALA LUMPUR, July 10 (Bernama) — Leonard Chua and Koh Chai Swee are not making their disabilities an excuse for not helping others.

Despite their disabilities, Chua, 31, and Koh, 50, have vastly dedicated their time and energy to help others like them.

Chua, who was disabled from the chest down after a car accident in 2005, has set up a rehabilitation center called Beyond Wellness Rehabilitation Center in Melaka to help stroke victims regain their mobility.

"When I was first told I will be disabled for the rest of my life, I almost gave up and both times my family was there to help me."

### Outdoing themselves for others

RECOGNITION: Frater and Neave Holdings Bhd presented F&N Q&A Do Yourself Awards to four recipients for their contribution to the community.

Leonard Chua and Koh Chai Swee are making their disabilities an excuse for not helping others.

Despite their disabilities, Chua, 31, and Koh, 50, have vastly dedicated their time and energy to help others like them.

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"When I was first told I will be disabled for the rest of my life, I almost gave up and both times my family was there to help me."

### Restoring hope for the disabled

Chua realises dream with centre to help accident victims

By R. S. M. MURRAY

Leonard Chua has a dream to help accident victims. He has set up a rehabilitation center called Beyond Wellness Rehabilitation Center in Melaka to help stroke victims regain their mobility.

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### 蔡志远 永不言弃的鲨鱼

绕过了鬼门关后重生

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## My Newspapers appearance records continued-

23. China Press: 7<sup>th</sup> May, 2013

24. China Press: 7<sup>th</sup> July, 2013

## 25.Nanyang Sang Pao: 18<sup>th</sup> August, 2013

26.Sin Chew:25<sup>th</sup> August 2013

## 27.China Press: 21<sup>st</sup> September, 2013

## 28. Guang Ming: 12<sup>th</sup> October, 2013

29.NSTP 24<sup>th</sup> November, 2013

## 30.Guang Ming 24<sup>th</sup> November, 2013









# My National TV & Radio appearance records-

1. NTV 7 Bella : 8<sup>th</sup> August, 2011
2. NTV 7 The Breakfast Show : 16<sup>th</sup> August, 2011
3. NTV 7 The Breakfast Show: 1<sup>st</sup> November, 2011
4. TV3 BERSAMAMU: 28<sup>th</sup> September, 2011
5. BERNAMA TV : 14<sup>th</sup> November, 2011
6. RTM 2 "Hello on Two": 17<sup>th</sup> November, 2011
7. BERNAMA RADIO, 24 FM 93.9- KL frequency : 22<sup>nd</sup> November, 2011
8. RTM 2 "Hello on Two": 8<sup>th</sup> December, 2011
9. RTM 2 "What Say You? 你怎么说? : 15<sup>th</sup> April, 2012
10. TV3 Malaysia Hari Ini (MHI): 3<sup>rd</sup> May, 2012
11. RTM 2: 前线视窗, Gallery Mandarin: 10 & 11<sup>th</sup> May, 2012 12.20PM -12.30PM
12. Astro: Chat with VVIP (零距离): 28<sup>th</sup> July, 2012, 10.00pm
13. RTM 2: Outstanding Young People  
杰青大道 10<sup>th</sup> September, 2012, 10.30 am



## My contacts

**Hotline-(H/P) +60 13 610 5023**

**Email- leonardchuaty@gmail.com**

**Website - [www.beyondrehabwellnesscentre.com](http://www.beyondrehabwellnesscentre.com)**

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